

Gymnastics Program

2009-2010 Fall Schedule



2 yrs old Mom & Me

Tuesday	10:45-11:30am
Thursday	10:45-11:30am
Saturday	9:00-9:45 am

3-4 yrs old

Tuesday	9:15-10:00 10:00-10:45
Thursday	9:15-10:00 10:00-10:45
Saturday	9:45-10:30

5-8 yr olds

Monday	4:00-5:00 5:00-6:00
Friday	4:00-5:00 5:00-6:00
Saturday	TBA

Advanced Gymnastics

5-8 yr olds*

Monday	6:00-7:30
Friday	6:00-7:30
Saturday	TBA



Tuition is constant regardless of number of classes each month.
Annual Registration fee of \$35.00 applies to all students.
Tuition not paid by the 10th of the month is subject to a \$15 late fee.

Cheer Tumbling

Friday	7:30-8:30
Saturday	10:30-11:30

**Additional classes will be added
as the need arises**

Revised 8-27-2009



Gymnastics & Cheer Tuitions

Length of Class	Monthly	2-month session	Sept-Dec	Jan-June
1 cls per week	\$ 50.00	\$ 95.00	\$ 180.00	\$ 270.00
2 cls per week	\$ 80.00	\$ 150.00	\$ 300.00	\$ 425.00
* 1 adv cls per week	\$ 67.00	\$ 130.00	N/A	N/A
* 2 adv cls per week	\$ 110.00	\$ 210.00	N/A	N/A

Flips Gym Program:

- An introduction to a healthy life-style thru Gymnastics.
- Gymnastic Skills combined with fun & easy exercises to promote development of all muscle groups.
- Basic skills are taught on Vault, Beam, Bars, Floor, TumbleTrak, Trampoline.
- Program goal is to provide an opportunity to increase the child's strength, flexibility, self confidence, courage and coordination. Gymnastic Skills are taught in a safe & friendly atmosphere taking into account individuality. All classes follow customized curriculum.
- All programs work in conection with Flips Gymnastics of Lockport
- Competitive gmnastics for boys & girls available in Lockport



Gymnastics Program⁰⁹

For Boys & Girls
ages 2 to 9



Flips Gymnastics Of Lewiston

840 Center Street • Lewiston

433-8811

www.FlipKids.com

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