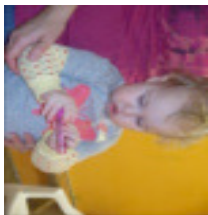


Gymnastics Classes

Tadpole Tots

A 45 minute parent - child interactive class for ages 3 and under. Program teaches tumbling, basic gymnastic positions, co-ordination,



independence & self confidence, while providing socialization in a safe, fun environment. Classes begin with a music based warm-up and ends with a theme coloring sheet and goodbye song.

Thursday 5:45 pm



Polywogs

A 45 minute class for 3 yr olds. Readies children for longer pre-school days. This fun filled group, teaches tumbling, gymnastic positions and fitness. Children learn to follow directions in a loosely structured class. Classes begin with a music based warm-up and ends with a theme coloring sheet and juice.

Tuesday 6:00 pm

All gymnastics classes \$25.00 per month
\$25.00 enrollment fee

Leapfrogs

A 45 minute independent class for children 4-6 offered 1 day per week. A fitness based class begins this high energy class packed with tumbling & fitness skills. A bit more structured than wiggleworms, but plenty of time to play games, exercise, gain coordination, and learn the importance of fitness and have fun.



Thursday 4:00 pm



Wiggle Worms

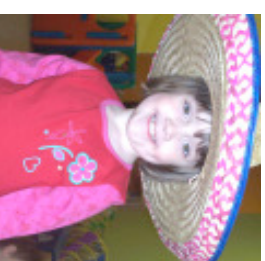
Have a wiggly son or daughter? Bring them to us to jump, dance, sing and play games. A 45 minute independent fun filled class for ages 5-8. We can help them learn the importance of fitness while having a great time. Class ends with a theme coloring sheet.



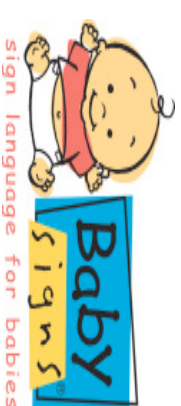
Tuesday 7:00 pm
FAMILY OWNED SINCE 1971

Preschool Readiness

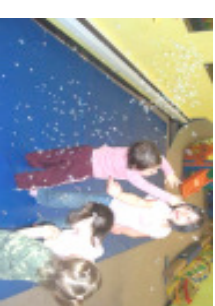
Each day is filled with a unique blend of gymnastics, sign language, Spanish and music activities. Added in are social skills, free play, snack time, craft time and themed activities, Children make friends, become independent and confident in a positive nurturing environment.



Monday, Tuesday & Thursday 8:30-12:30
\$100.00 per month



Babies have a world of their own. Now you can share it with them! Watch as your baby communicates their needs before they can talk, decreases crying & frustration for non verbal babies. For toddlers it improves speech and expands vocabulary. So come form a special bond with your child in this 45 minute class for ages 3 and under



Baby Signs 3 and under

I love to sign... 3 to 5 years

5 to 8 yrs old

A holistic approach to music makes this 45 minute parent & child interactive class special. We focus on the whole child. Watch them learn shapes, colors and counting while being exposed to sign language and



Spanish. Sing songs, dance and hear musical stories in a fun safe

environment. No enrollment necessary for this 5 and under class and only \$6.00 per family. So come on down



and sign to Mr Froggy with us.

Thursday 6:45 pm \$6.00 per class per family

Birthday Parties

Don't forget our themed fun filled Birthday Parties. 2 hours of fun includes pizza, juice, paper products, cake and treat bag for up to 12 children. We do everything from setup to clean up. 90 minutes of gym with teacher led activities with 1/2 hour for pizza & juice

\$150.00



Field Trips

Choose us for your next Field Trip. 2 hours of fun, 90 minutes of gym with teacher led activities & open gym.

Call for pricing

On the Go!

Our singing, language, music and tumbling comes to your facility!



Call for pricing

Gowanda Flips
30 Erie Ave
Gowanda, NY 14070

Gowanda

Kidventure



For the best in hands on
Learning



We give them the confidence
to be whatever they
want to be

**30 Erie Ave.
Gowanda, NY 14070**

716-778-3184

www.ComeFlipWithUs.com

GOWANDA FLIPS Registration 2008-2009

Child's Last Name: _____ First Name: _____ Age: _____ Date of Birth: _____
Mom's Name: _____ Dad's Name: _____ E-mail: _____
Address: _____ City: _____ Zip Code: _____
Home Phone: _____ Emergency #: _____ Place of Employment: _____
Are there any limitations that the instructors should know when working with your child ? _____
If yes please explain: _____
Day/Time: _____ Program: _____ T-Shirt Size: _____

Goals for your child: _____

How did you hear about us:
please check all that apply

- Friend
 Television
 Web Site
 Newspaper
 Other _____

My child and/or I are aware that participating in the sport of Gymnastics is a potentially dangerous activity. I assume all risks on behalf of my child associated with the participation in this sport, including, but not limited to, falls, contact with other persons and other reasonable risk conditions of this sport. All such risks to my child are known and understood by me. **Failure to notify the office personnel of my child's withdrawal from classes will result in the continued billing of monthly tuition. If this account is referred to an outside collection agent or lawyer I am responsible for all additional fees.** I understand this informed consent and have read the Flips Rules & Policies, and agree to their conditions on behalf of my child.

Parent's Signature: _____ Date: _____
Medical Insurer: _____

Please fill out both sides.

Office Staff Only

Amount Paid:\$ _____ Date: _____ Rec. by: _____

GOWANDA FLIPS Rules & Policies

Registration & Tuition

Tuition is due before the first of each month. Tuition is constant regardless of the number of classes in each month. The "Guardian" on this registration form is responsible for all fees for the registered child. **There is a \$10.00 late fee**. All checks returned by the bank for any reason will be charged a **\$35.00** service fee. Membership in Flips Gymnastics & Sport is on a monthly and session basis only. A annual insurance fee of **\$25.00** is due upon registering, which is valid for 1 year from the date it is first paid, regardless if the child attends every month. Gowanda Flips accepts payments by cash, check, credit card, or "Flex Fit" card. Checks may be mailed to Flips and will be credited according to the postmark; **There is a \$5.00 fee for post dating checks and for statements sent to your residence. All fees are nonrefundable.**

Missed Classes

In order to keep the quality of our programs high and the tuitions affordable, we do not allow refunds or credits for missed classes, **for any reason**. Missed classes may be "made-up" any time during the 12 week enrollment. All make-ups must be phoned in to the office before the start of the class. make-ups may be carried over with your continued enrollment in our programs. **Missing a class does not lower the cost of running our programs, therefore, make-ups may not be used in place of tuition.** Make ups are not transferable to another student. Gowanda Flips reserves the right to limit class size and combine or close smaller classes. Flips runs monthly 12 week sessions year round. New students are welcomed any time.

Class withdrawal

Notifying the office is required when your child is withdrawing from our program for any length of time, one full month or permanently. There are no cash refunds, for any reason.

Entering the Gym

Shoes are permitted in the reception area only. No roller sneakers will be permitted.

Gowanda Flips is not responsible for lost or stolen items.

Please read & Initial: _____